



VOLUNTEERING FAQs

- **I want to be a volunteer, how can I start?**

Thank you for your interest! Please write in to our Volunteer Coordinator at volunteer@alz.org.sg. All volunteer vacancies are subjected to availability.

- **Are there any skills I need to know beforehand?**

There are no skills necessary to begin volunteering. Rather, it is important to have a heart willing to serve and an open mind willing to learn. If you have special skills in certain areas such as photography, do let us know.

- **Will there be training provided?**

Yes, all volunteers are required to attend a mandatory volunteer orientation conducted by ADA to understand how to interact with persons with dementia. The session also covers the volunteer code of conduct and guidelines on volunteer safety and welfare.

- **What is the required commitment level of volunteers?**

We generally hope that volunteers can commit for at least 3 months to build rapport with stakeholders. However, we do have ad-hoc / event-based volunteering opportunities which are suitable for those who are not able to volunteer regularly. Individuals who wish to help in these ad-hoc / event-based roles may fill in the volunteer registration form, attend the mandatory volunteer orientation and indicate their interest when ADA seeks for volunteers via email.

- **A group of us would like to volunteer together. Do you accept group volunteers?**

We do consider requests from schools for their Values in Action (VIA) projects and from organisations keen on Corporate Social Responsibility (CSR) initiatives. As ADA coordinates numerous overlapping volunteer groups, we may not be able to accede to all groups for a particular time slot. We urge groups to contact us at least 2 months in advance before the intended period of volunteerism for administrative considerations, such as to check the Centre's availability to accommodate your group and provide adequate notice to caregivers for their loved ones to participate. Please seek our input before determining the volunteering activities. Given the nature of dementia and our commitment to minimise disruption and inconvenience to clients, we may not be able to accommodate all suggested activities. Groups are encouraged to volunteer on weekdays between 9.00am – 1.00pm and kindly contact us in advance and firm up your plans after consultation. You may email your request to our Volunteer Coordinator at volunteer@alz.org.sg, providing details such as school / organisation name, group size, proposed activities, sponsorship of lunch if any, etc.

- **Is there any other important information I need to know?**

We seek to inspire volunteers through a vibrant and trusted partnership to build a dementia inclusive society. For the best interests of clients, volunteers shall observe the expected conduct and carry out their duties responsibly and competently. Please read the Volunteer Programme Guidelines. We seek your cooperation in adhering to the Volunteer Programme Guidelines, so that volunteering at ADA may be a meaningful and fulfilling experience.