

29 May 2020

POST-CIRCUIT BREAKER – PHASE ONE **UPDATE ON ADA PROGRAMMES & SERVICES**

Under the directives from the [Government on 19 May](#), Singapore will embark on a three-phased approach to resume some activities safely, post-circuit breaker. They are:

- **Phase One: Safe Re-opening** – *At least four weeks from 2 June. Subject to further advisories from the Government.*
- **Phase Two: Safe Transition** – *May last over a few months, when community transmissions remain low and dormitory situation remains under control.*
- **Phase Three: Safe Nation** - *Singapore enters a 'new normal', until a vaccine is available.*

Following these guidelines, ADA has made the following adjustments to our programmes and services **indicated in green below.**

1. New Horizon Centres (NHC)

All four New Horizon Centres (Bukit Batok, Jurong Point, Tampines, Toa Payoh) will remain closed until further notice. All affected families will be informed by Centre Managers and Care Staff. Families will be kept in touch by the Centres and assistance will be rendered where necessary.

2. Family of Wisdom (FOW) Centres

All three Family of Wisdom Centres (Bendemeer, Tiong Bahru, Toa Payoh) will remain closed until further notice. All affected families will be informed by Centre Managers and Care Staff. Families will be kept in touch by the Centres and assistance rendered will be where necessary.

3. ADA Café

ADA Café, located at Agape Village, will remain closed.

4. Community-Based Programmes

Programme	Details
Voices for Hope	Sessions for the current cohort have resumed virtually. Participants will be notified of the schedule directly.
Memories Café	All livestreamed sessions will be suspended until further notice.
Public Education Talks	All current engagements will be cancelled. ADA will also not be accepting new requests until further notice.
Dementia-Friendly Communities (Kebun Baru, Ang Mo Kio and Bishan-Toa Payoh)	ADA designated staff will continue supporting the communities, following the respective Community Partners' decisions.
Journey with Arts & Dementia (JADe)	All sessions will be suspended until further notice.

29 May 2020

5. Training Courses

All in-person training will be cancelled and/or postponed until further notice. Where feasible, training will be delivered using virtual classrooms or other forms of e-learning.

6. Caregiver Support Services

Programme	Details
Caregiver Support Groups	From May 2020, all caregiver support group sessions are conducted virtually. Please visit ADA's website for latest schedule and further information .
Eldersit Respite Care Service	All respite care home visits will be temporarily ceased. ADA will continue accepting referrals, to be placed on waitlist for future assessment.
Person-Centred Home-Based Intervention	ADA will provide telephone support for existing clients. Home visits will be conducted only when necessary.
Casework & Counselling	ADA will continue accepting referrals (screening, intake and support) via telephone. Those who need counselling support can call the ADA Helpline at 6377 0700 (Monday to Friday, 9am to 6pm).
Post-Diagnostic Support	

7. Volunteering

ADA has ceased and/or postponed all non-essential volunteer events. While ADA will accept sign-ups for new volunteers, volunteers will be placed on waitlist for future deployment, as regular volunteering programmes are temporarily ceased.

Where feasible, virtual volunteering may be carried out using online platforms for event based/ad-hoc volunteering.

8. ADA Headquarters

Operations staff are currently telecommuting, hence ADA's headquarters at 20 Bendemeer Road is closed until the end of Phase One.

We thank you for your cooperation and patience while we try our best to reduce the risks of infection, especially amongst our vulnerable clients, and we apologise for any inconveniences caused due to these measures.

Despite these latest measures, ADA will ensure that the care and support is rendered to families and their loved ones with dementia. For more information of any of the programmes and services affected, please write to info@alz.org.sg or call the ADA Helpline at **6377 0700** (Monday to Friday, 9am to 6pm).

For further announcements, refer to <http://alz.org.sg/advisory>.