

CURRENT VOLUNTEERING OPPORTUNITIES

Ad-hoc / Event-based (direct volunteering)	
<ul style="list-style-type: none"> Art Therapy <i>Assist art therapists in sessions to set up materials and encourage our clients to engage in art-making.</i> 	<ul style="list-style-type: none"> Outing Guardians <i>Act as a guardian to accompany and assist our clients during outings.</i>
Ad-hoc / Event-based (indirect volunteering)	
<ul style="list-style-type: none"> Admin Support (Public Edu Talks) <i>Assist with administration for our public education efforts.</i> Dementia-Friendly Community Volunteer <i>Help Persons with Dementia to continue living independently and help their families to keep an eye on their loved ones by building a Dementia-Friendly Community (DFC) and becoming a Dementia Friend through training.</i> Outreach Ambassador <i>Help raise awareness about dementia and share about ADA during our public outreach efforts.</i> 	<ul style="list-style-type: none"> Graphic Design Associate <i>Provide graphic design for informational/captivating collaterals.</i> Translation Associate <i>Assist with translation of materials from English to other languages.</i>
Weekdays (direct volunteering)	
<ul style="list-style-type: none"> Arts and Dementia <i>Bukit Batok/Jurong Point/Tampines/ Toa Payoh/Bendemeer/Tiong Bahru</i> <i>10.00am – 1.30pm</i> <i>Help in our Arts and Dementia programme consisting of museum tours, photography lessons, pottery classes and singing sessions.</i> Daycare (Programme Support) <i>Bukit Batok/Jurong Point/Tampines/Toa Payoh</i> <i>Between 9.00am – 3.00pm</i> <i>Befriend and engage our clients in meaningful activities at our New Horizon Centres (NHC).</i> 	<ul style="list-style-type: none"> Family of Wisdom (Programme Support) <i>Bendemeer, 9.30am – 12.30pm / 2.00pm – 5.00pm</i> <i>Tiong Bahru, 9.00am – 12.00pm / 2.00pm – 5.00pm</i> <i>Toa Payoh, 9.00am – 12.00pm / 2.00pm – 5.00pm</i> <i>Assist in our Family of Wisdom (FOW) programme where we empower caregivers to help each other take care of their loved ones with dementia in their caregiving journey.</i>

Weekdays (indirect volunteering)

- **General Helpline**

Bendemeer, 9.00am – 1.00pm / 2.00pm – 6.00pm

Provide a listening ear and assist caregivers in managing their concerns in caring for their loved ones with dementia.

Weekends (direct volunteering)

- **Complimentary Eldersit**

Tiong Bahru, 10.30am – 12.30pm

Toa Payoh, 2.30pm – 4.30pm

Eldersit our clients and engage them in meaningful activities while their caregivers attend support groups/training once a month.

- **Saturday Extension**

Toa Payoh, 8.30am – 4.00pm

Engage our clients in meaningful activities at our NHC once a month.

Weekends (indirect volunteering)

- **Admin Support (Support Groups/Training)**

Bendemeer, 8.30am – 1.00pm / 9.00am – 1.00pm / 10.30am – 12.30pm / 1.00pm – 5.30pm

Jurong Point, 2.30pm – 4.30pm

Tiong Bahru, 10.30am – 12.30pm

Toa Payoh, 2.30pm – 4.30pm

Help caregivers of Persons with Dementia to find respite, enhance their skills and better care for their loved ones with dementia. Assist in administration, registration, and other logistics such as preparation of refreshments as needed.