

## World Alzheimer's Month 2018 Conference

**Every 3 Seconds, someone in the world develops dementia.  
Are we ready, Singapore?**

## Conference Programme Booklet

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21 September – 22 September 2018  
Devan Nair Institute for Employment and Employability  
80 Jurong East St 21, Singapore 609607

In support of:



A joint initiative with



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Funding from our sponsors for this conference is gratefully acknowledged.

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**Organising Committee:**

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Agency for Integrated Care, Chua Thian Poh Community Leadership Centre, CIAP Architects Pte Ltd, DBS Bank, Guardian Health & Beauty Singapore, Khoo Teck Puat Hospital, Lien Foundation, Nanyang Polytechnic, National University of Singapore, Tan Tock Seng Hospital, Singapore University of Technology & Design, SMRT Corporation Limited

Contact: [contact@alz.org.sg](mailto:contact@alz.org.sg)

Website: <http://alz.org.sg/wam2018/>

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## VENUE – GETTING HERE

Devan Nair Institute for Employment and Employability  
80 Jurong East St 21, Singapore 609607



### By Bus

Public Bus Services: 52, 105, 188, 333 & 502 (alight at IMM, 5 min walk to e2i)

### By MRT Train

Alight at Jurong East MRT Station (NS1/EW24). Use Exit D to Westgate and follow the sign that leads to J-WALK. Walk straight and you will see the link bridge next to Paradise Dynasty (#02-13). Cross the link bridge and you will enter Ng Teng Fong General Hospital Tower A.

Turn right and follow the sign to the link bridge that will lead to Devan Nair Institute for Employment & Employability (entrance of link bridge is opposite Swee Heng 1989 Bakery).



### Parking at Devan Nair Institute

\$0.36 per 15min | Motorcycles: \$1.30 per entry

### Alternative parking via covered link bridges to Devan Nair Institute

- JEM: 1st hr \$1.39 | Subsequent 15mins \$0.54 | Motorcycles: 1.39/entry
- IMM: 1st hr \$1.07 | Subsequent 15mins \$0.30 | Motorcycles: \$1.07/entry
- Westgate: \$1.30 for 1st hr, subsequent 15mins \$0.50
- Ng Teng Fong Hospital: \$0.03/min | Motorcycles: \$1.30/entry
- Big Box: \$1.60 for 1st hr | Subsequent 15mins \$0.50 | Motorcycles: \$1.20/entry (excluding GST)

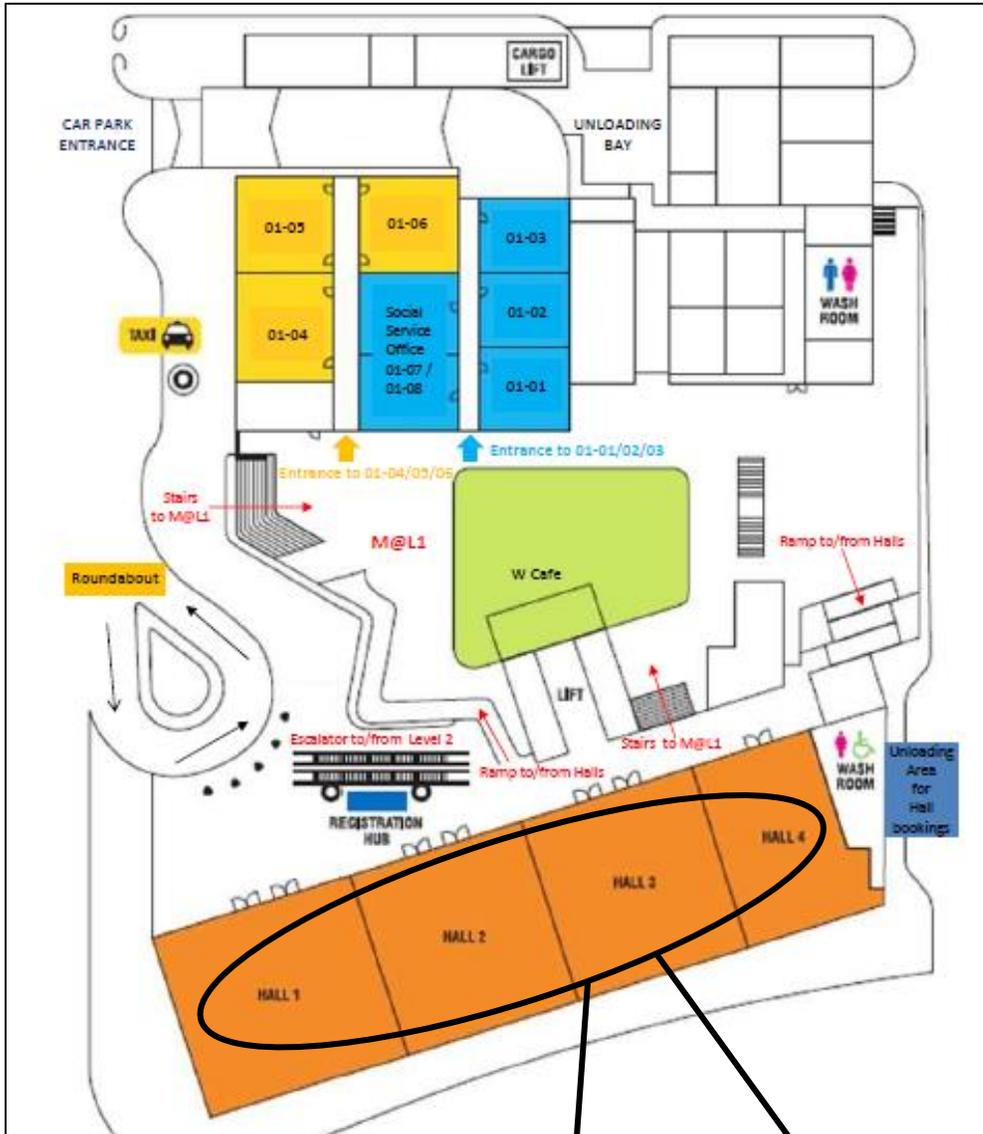
Parking rates are accurate as at 6 Mar 2018, and shows only rates during the Conference timing. Rates may differ outside of Conference timing.

## VENUE – FLOOR PLAN

Devan Nair Institute for Employment and Employability  
Level 1 floor plan

The registration desk can be found on the first floor of the venue. The rooms for the various sessions are:

- 21 September 2018 Keynote: Halls 1-2
- 21 September 2018 Breakout 1 Built environment: Halls 1-2
- 21 September 2018 Breakout 2 Disability, not disease: Hall 4
- 21 September 2018 Breakout 3 Dementia-friendly initiatives: Hall 3
- 22 September 2018: Halls 1-3:



21<sup>st</sup> September 2018:  
Halls 1-4 @ Level 1

22<sup>nd</sup> September 2018:  
Halls 1-3 @ Level 1

## PROGRAMME OUTLINE

<b>FRIDAY 21 SEP 2018</b>		
9:00	Registration Open	<i>Refreshments provided</i>
10:00 – 10:05 (5 minutes)	Conference Opening Dr Ang Peng Chye, President of Alzheimer’s Disease Association	
10:05 – 10:50 (45 minutes)	<b>Keynote 1</b> Dennis Frost, Chair of Dementia Advisory Group for the Dementia-Friendly Kiama Project Nick Guggisberg, Manager at Kiama Municipal Council for Community & Cultural Development  “Dementia-Friendly Kiama Project: An award-winning dementia-friendly community in New South Wales, Australia”	<i>Joint-sharing by Dennis Frost and Nick Guggisberg</i>
10:50 – 11:05 (15 minutes)	Performance – ADA New Horizon Centre Toa Payoh Ensemble of musical instruments by persons with dementia	
11:05 – 11:50 (45 minutes)	<b>Keynote 2</b> A/Prof Philip Yap, Director, Geriatric Centre and Senior Consultant at Khoo Teck Puat Hospital  “A Future with Dementia”	
11:50 – 13:30	<b>Lunch &amp; networking</b>	<i>Lunch provided</i>
13:30 – 15:30 (2 hours)	<b>Breakout Sessions</b> A: Dementia-Friendly Built Environments (Hall 1 & 2) B: Disability, not disease (Hall 4) C: Dementia-Friendly Efforts in Organisations (Hall 3)	
15:30 – 16:00	<b>Tea break &amp; networking</b>	
16:00 – 16:30	“Building Accessible and Inclusive Communities" by: <ul style="list-style-type: none"> <li>• Project-We-Forgot, Melissa Chan</li> <li>• Forget-Us-Not, Ivan Loh</li> </ul>	
16:30 – 17:00	Performance – ADA New Horizon Centre Jurong Point Songs by persons with dementia  Closing by Jason Foo, CEO of Alzheimer’s Disease Association	

## PROGRAMME OUTLINE

<b>SATURDAY 22 SEP 2018</b>		
9:00	Registration Open	<i>Refreshments provided</i>
10:00 – 10:15 (15 minutes)	Performance – ADA New Horizon Centre Bukit Batok Songs by persons with dementia and caregivers	
10:15 – 10:20 (5 minutes)	Conference Opening Jason Foo, CEO of Alzheimer’s Disease Association	
10:20 – 11:00 (40 minutes)	<b>Presentation 1</b> Dennis Frost, Chair of Dementia Advisory Group for the Dementia-Friendly Kiama Project Nick Guggisberg, Manager at Kiama Municipal Council for Community & Cultural Development  “Dementia-Friendly Kiama Project: An award-winning dementia-friendly community in New South Wales, Australia”	<i>Joint-sharing by Dennis Frost and Nick Guggisberg</i>
11:00 – 11.40 (40 minutes)	<b>Presentation 2</b> Dr Noorhazlina, Consultant at the Centre for Geriatric Medicine, Cognition and Memory Disorders Service at Tan Tock Seng Hospital, Member of the Alzheimer’s Disease Association Management Committee, and a Member of the Ministry of Health Specialist Accreditation Board  “Dementia 101: What we need to know”	
11:40 – 12:00 (20 minutes)	<b>Presentation 3</b> Noorlinah Mohamed  “Alive Vs. A Life: A Walk with Dementia”	
12:00 – 12:30 (30 minutes)	Panel discussion with Q&A Closing by Jason Foo, CEO of Alzheimer’s Disease Association	

## KEYNOTES

### Dennis Frost



Friday · 21 Sept · 10:05 – 10:50  
Friday · 21 Sept · 13:30 – 15:30  
Saturday · 22 Sept · 10:20 – 11:00

“Dementia-Friendly Kiama Project: An award-winning dementia-friendly community in New South Wales, Australia”

Dennis is from New South Wales (NSW), Australia, and is the inaugural Chair of the Southern Dementia Advisory Group in Kiama NSW, which guides the Dementia Friendly Community (DFC) pilot project between the Kiama Council, University of Wollongong and which Alzheimer’s Australia were also involved in nationally. Many consider this to be the gold standard dementia friendly communities project globally. After graduating from University in the late 70’s, he has had a variety of careers, including working in education, Petroleum Exploration, IT support and training, and even running his own business for over 20 years

Dennis was diagnosed with frontotemporal dementia at age 59. Since his involvement in the Dementia Friendly Kiama Pilot in 2014, Dennis has spoken as a keynote speaker at the Alzheimer’s Disease International 2016 (ADI 2016) conference in Budapest titled “Dementia Friendly Kiama”, co-authored a paper on the findings of the Dementia Friendly Kiama project, and continues to be involved in several research projects. He is an active advocate for all with dementia.

### Nick Guggisberg



Friday · 21 Sept · 10:05 – 10:50  
Friday · 21 Sept · 13:30 – 15:30  
Saturday · 22 Sept · 10:20 – 11:00

“Dementia-Friendly Kiama Project: An award-winning dementia-friendly community in New South Wales, Australia”

Nick currently works as the Manager of Community & Cultural Development for Kiama Municipal Council. The areas Nick is responsible for include: Health Promotion, Community & Cultural Development, Aboriginal Liaison, Youth Services, Age/Disability Sector Support, all of Council’s public space CCTV, plus of course the Dementia Friendly Kiama Project (DFKP).

Through DFKP, Nick’s skills and professional approach of focusing on people’s strengths and abilities really flourish in partnership with the other key players in the project. Nick has a strong grounding in Social Justice Principles, which have matched perfectly with the philosophical approach of the DFKP where people’s dignity and abilities are the focus within a rights-based framework.

## Philip Yap



Friday · 21 Sept · 11:05 – 11:50  
Friday · 21 Sept · 13:30 – 15:30

“A Future with Dementia”

Associate Professor (A/Prof) Philip Yap is a Senior Consultant Geriatrician & Palliative Care Physician in the Department of Geriatric Medicine and Director of the Geriatric Centre in Khoo Teck Puat Hospital. He is also an adjunct Associate Professor with the Yong Loo Lin School of Medicine, National University of Singapore (NUS) and Adjunct Clinician Scientist with Institute of Bioengineering and Nanotechnology, A\*Star.

A/Prof Yap has a keen interest in both the biomedical and social aspects of ageing, especially in the areas of dementia, long term care, end of life care, support of caregivers of older persons and the use of infocomms technology in geriatric care. For several years, he led the committee for person centred care and dementia care mapping to raise standards of eldercare in Singapore. He lectures often to both professionals and the lay public and is interviewed regularly by the media in the areas of geriatric and dementia care.

He has published widely in international peer reviewed journals and is also a reviewer for several of them. He presently sits on the advisory panels and committees of several organisations in eldercare, including the Agency for Integrated Care and Ministry of Health.

## Noorhazlina Binte Ali



Saturday · 22 Sept · 11:00 – 11.40

“Dementia 101: What we need to know”

Dr Noorhazlina Binte Ali is a Consultant at the Centre for Geriatric Medicine, Cognition and Memory Disorders Service at Tan Tock Seng Hospital, Member of the Alzheimer’s Disease Association Management Committee, and is also a Member of the Ministry of Health Specialist Accreditation Board.

## BREAOUT SESSIONS - OTHER SPEAKERS

### Track A: Dementia-Friendly Built Environments

Hall 1 & 2

Friday · 21 Sept · 13:30 – 15:30

The prevalence of dementia nationally and globally raises the alarm for our communities in Singapore to be dementia-ready. To build and sustain dementia-friendly communities, a supportive physical environment is crucial to enable persons with dementia to continue to age and live well and independently. At the breakout session, professionals and friends with dementia will share knowledge and insights on how we can build Inclusive and Accessible Environments.

#### FUNG John Chye



Associate Professor Fung John Chye is Director of the Centre for Ageing Research in the Environment (CARE) at the School of Design and Environment, National University of Singapore. Since 1998, he has taught design in the Department of Architecture, joining the university as a full-time faculty in 2015 to direct research on ageing and the environment. Prof Fung is actively engaged in research on community, housing, ageing, dementia and healthcare. His publications include a design sourcebook on nursing homes in 2014, and one on dementia design in 2015. Before joining NUS, Prof Fung was a professional architect with 30 years of practice experience in a wide range of projects and was partner of a firm that he co-founded. He served as a Council Member of the Singapore Institute of Architects (SIA) for eight years and has written extensively for the Singapore Architect as its Executive Editor.

#### Chong Keng Hua



Dr Chong Keng Hua (PhD) is an Assistant Professor of Architecture and Sustainable Design at Singapore University of Technology and Design (SUTD), where he leads the Social Urban Research Groupe (SURGe) and co-leads the Opportunity Lab (O-Lab). He is also the partner of an award-winning design consultancy COLOURS: Collectively Ours. He has co-authored the books *Second Beginnings: Senior Living Redefined* (2018), and *Creative Ageing Cities: Place Design with Older People in Asian Cities* (2018) and is currently leading various research and design projects related to ageing, social architecture, and participatory community design across Asia. He is the curator of Singapore Pavilion for Venice Biennale International Architecture Exhibition 2018 and Seoul Biennale of Architecture and Urbanism 2017.

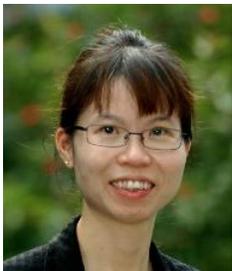
## Don Eugene



Don holds a Master's Degree in Architecture from the National University of Singapore and is currently an Architectural Executive at CIAP Architects Pte Ltd. His works that are most relevant to the conference include his academic Dissertation done in collaboration with the Alzheimer's Disease Association, Singapore (ADA), (Supervised by: Dr Wong Yunn Chii); as well as his follow-up Thesis: "Living with dementia: a project entitled Lapis", (Supervised by: Dr Tan Beng Kiang, in collaboration with Prof Fung John Chye).

His Thesis has subsequently been displayed in "City Exhibition 2016" at the Urban Redevelopment Authority (URA), on the webpage for the "Centre for Ageing Research in the Environment, NUS", as well as featured on the Channel News Asia documentary: "Facing Dementia" in December 2016. His motivation for these related works stems from his interest in dementia friendly spaces in our everyday environment.

## Wan-Koo May Yeok



Ms Wan-Koo May Yeok (Dr Koo) is the Assistant Director in the School of Health Sciences (Nursing) at Nanyang Polytechnic (Singapore). She is a member of the Dementia and Ageing Research Team (United Kingdom) and Sigma Theta Tau International (Honour Society of Nursing); reviewer for Dementia: The International Journal of Social Research and Practice; and reviewer and Board Member of the Editorial Committee, Intensive and Critical Care Nursing Journal (United Kingdom).

Her portfolio includes overseeing the Continuing Education and Training Programme, e-learning development and education technology, spearheading collaborative projects with industry partners and overseeing staff and student overseas exchange and international programmes. She also leads and oversees the NYP-StarHub Centre for Connected Care which emphasizes on a dementia- and elderly-friendly design/environment.

## Track B: Disability, not Disease

Hall 4

Friday · 21 Sept · 13:30 – 15:30

Dementia has traditionally been regarded as a debilitating disease with their cognitive deficits being disproportionately magnified. In fact, people with dementia still retain strengths and abilities that are often overlooked and dismissed. To tackle the stigma, we must look at dementia beyond the disease. Hear from our experts and caregivers to see how we can embrace the strengths, abilities and dreams of people with dementia today.

### Chen Shiling



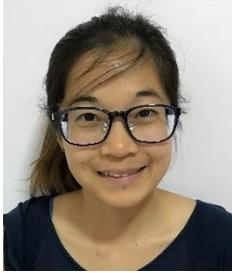
Dr Chen Shiling is a physician with special interests in dementia and adults with intellectual disability. She is deeply passionate about improving the lives of both populations and is currently working with Khoo Teck Puat Hospital and Tsao Foundation in providing care for persons with dementia. She is also the founder of "Happee Hearts Movement", which advocates and provides for the medical needs of adults with intellectual disability.

### Ng Jek Mui



Ng Jek Mui is a Senior Social Worker at ADA. Since 2010, she has been with the Caregiver Support Centre, providing support services to families caring for persons with dementia. She also provides clinical supervision. Her passion in eldercare grew from over a decade of volunteering in shelters and nursing homes where she organised programmes and activities for residents. Her passion motivated her switch from the corporate sector to the social service sector. She remains as an active volunteer and organises community events for seniors.

### Cindy Koe



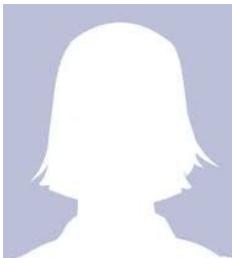
Cindy, a Senior Occupational Therapist at Changi General Hospital has been working in the hospital for 7 years. Her specialty areas include mental health and dementia care. She works with patients of varied age group in the acute and outpatient setting. She is a member of the Community Psycho-geriatrics Programme team, providing case discussion, training and Occupational Therapy consultancy services to empower eldercare agencies in the area of psychogeriatric and dementia care.

### Lynn Leng



A caregiver for person with Young-Onset Dementia

### Caregiver A



A daughter of a person with Young-Onset Dementia who also works in a healthcare setting.

## Track C: Dementia-Friendly Efforts in Organisations

Hall 3

Friday · 21 Sept · 13:30 – 15:30

Singapore is still in its infancy stage when it comes to creating dementia-inclusive societies. Be inspired by current initiatives in organisations and services, and their thoughts and ideas moving ahead. Find out how we can create more ideas and inspire others to come forward and do their bit in this journey.

### Albert Teo



Albert Chu-Ying Teo is an Associate Professor in the Department of Management & Organisation, Business School, National University of Singapore (NUS). He served as the founding director of the NUS Centre for Social Entrepreneurship & Philanthropy from July 2008 to June 2011. He has a joint appointment with the NUS University Scholars Programme, and serves as a Deputy Director of the programme. He set up the NUS Chua Thian Poh Community Leadership Programme in November 2011, and served as the founding director of the programme. The programme was scaled up to become the NUS Chuan Thian Poh Community Leadership Centre in November 2017, and he now serves as the director of the centre.

Albert is active in community engagement. He is a volunteer programme coordinator in Patient Care Centre, Communicable Disease Centre. He serves as an advisor to the following social enterprises and non-profit organizations: ASKI Global, BagoSphere, Chapter W, and Solutions To End Poverty. He also sits on various government-appointed committees that oversee programme funding in the social services sector in Singapore.

### Oryan Ang



Oryan has been in the banking industry for the last 14 years in the Consumer Banking business; covering a range of expertise from Product Sales and Management, Customer Experience and most recently as a Journey Manager for the Distribution arm of the business.

As a Distribution Customer Journey Manager, Oryan has been directly involved in branch journeys focusing on interactions, automation and new digital deliveries to impactful customers outcomes.

## Elaine Koh



Elaine is Chief Commuter Engagement Officer in SMRT and champions the needs of commuters by looking at various aspects of our public transport operations that affect a commuter's journey experience. Taking over the current Passenger Service Department, she leads a team to enhance service quality and improve commuter satisfaction through listening to and gathering feedback from commuters. Her team works to further SMRT's mandate to provide a safe, reliable, caring and comfortable public transport service.

Elaine joined SMRT in October 2014 as Director Marketing at SMRT Commercial, where she was responsible for overseeing the planning, development and execution of rental, property and digital marketing initiatives to drive core business goals for the Commercial group and its subsidiaries - SMRT Alpha and The X Collective - as well as its new business projects. She has 20 years of multi-disciplinary experience in consumer businesses and has worked across a broad range of marketing disciplines leading strategic planning, development and operations. She started her career at ST Aerospace, and she has served at Abacus and Parkway Health. Elaine was also with SMRT from 2004 to 2012, where she held various portfolios spanning corporate marketing, media relations and crisis communication. Elaine holds a Master of Business in Communication, and Bachelor of Business in Public Relations from the Queensland University of Technology.

## Grace Chew



Grace Chew has been practising as a pharmacist at Guardian for almost 10 years since graduating from the National University of Singapore (NUS). Since then she has been heavily involved in many patient care initiatives in the company. This includes initiating, providing and organising training for retail assistants, championing home-based medication review in a study with the NUS and creating and maintaining patient information leaflets to enhance patient care experience in Guardian. Her passion to bring health to the public has motivated her to conduct many public outreach activities via smoking cessation workshops and various public talks. Her interest in health promotion also reaches outside Guardian as she led a team of pharmacists, under the Pharmaceutical Society of Singapore (PSS), in organising Pharmacy Week 2016 with the theme "Own your Health". Over the years, she has bagged many customer compliments, was awarded Pharmacist health ambassador and recognised as PSS Community Pharmacist of the year in 2010.

Summary of Panelists		
<p><b>A: Dementia-Friendly Built Environments</b></p> <p><b>Speakers</b></p> <ul style="list-style-type: none"> <li>• Dennis Frost</li> <li>• Fung John Chye</li> <li>• Don Eugene</li> <li>• Chong Kheng Hua</li> <li>• Wan-Koo May Yeok</li> </ul> <p>Moderator: Ng Li Ling</p>	<p><b>B: Disability, not Disease</b></p> <p><b>Speakers</b></p> <ul style="list-style-type: none"> <li>• Chen Shiling</li> <li>• Ng Jek Mui</li> <li>• Cindy Koe</li> <li>• Caregiver A</li> <li>• Lynn Leng</li> </ul> <p>Moderator: Ang Peng Chye</p>	<p><b>C: Dementia-Friendly Efforts in Organisations</b></p> <p><b>Speakers</b></p> <ul style="list-style-type: none"> <li>• Nick Guggisberg</li> <li>• Albert Teo</li> <li>• Oryan Ang</li> <li>• Elaine Koh</li> <li>• Grace Chew</li> </ul> <p>Moderator: Jason Foo</p>

**OTHER SPEAKERS**



**Ivan Loh**

Ivan Loh, the Campaign Administrator of Forget Us Not Campaign, was trained in eldercare and has a special interest in dementia, due to personal experiences within the extended family. He was attached to Khoo Teck Puat Hospital (Geriatrics Clinic) for 8 months, working with a team of dedicated healthcare professionals serving dementia patients. As part of his current work, he gives talks to different organisations to raise awareness about dementia.



**Melissa Chan**

Melissa Chan is the Founder of Project We Forgot (PWF), a community for caregivers to persons with dementia that provides peer support, knowledge resources, and access to relevant services in the journey of caring. This was inspired by her journey in caring for her father with young-onset dementia.

Melissa also serves on the steering committee for the World Young Leaders in Dementia (WYLD) Network, driving the development of innovative dementia solutions across disciplines and borders. Her background is in social innovation, community growth, and brand strategies.



**Noorlinah Mohamed**

Noorlinah is an award-winning actress of stage, television and film. As an actress, she has worked in Singapore as well as Asia, Europe and the US. She is also a teaching artist, and a consultant in arts pedagogy with a PhD in Arts Education from the University of Warwick. She was the Director of The O.P.E.N. the pre-festival of ideas and public engagement initiative of the Singapore International Festival of Arts (2014-2017). Noorlinah is a recipient of the JCCI Cultural Award (2008) and the Women’s Weekly Women of our Time Award (2005) for her contributions to the arts. Noorlinah is also caregiver to her mum with dementia.

## FREQUENTLY ASKED QUESTIONS

### When will the Conference take place?

The Conference will be held on Friday, 21 September 2018 and Saturday, 22 September 2018

### Where will the Conference take place?

Devan Nair Institute for Employment and Employability  
80 Jurong East St 21, Singapore 609607



### Who should attend the Conference?

The session on Friday, 21 September is targeted at industry partners and stakeholders, while the session on Saturday, 22 September is designed for the public who are keen to find out more about dementia

### How much are tickets to the Conference?

Ticket cost for the session on Friday, 21 September is SGD20 per person with a package discount of buy 2-get-1-free, and ticket cost for the session on Saturday, 22 September is SGD5 per person

### Is my registration transferable?

Yes, it is

**Photography/Videography**

There will be photography and video filming by the organisers. By taking part in this event, you grant the organisers full rights to use the images resulting from the photography and/or video filming, and any reproductions or adaptations of the images for publicity or other purposes to help achieve the organisers' aims. This may include (but not limited to), the right to use them in their printed and online publicity, social media, press releases and funding applications.

If you have a question that has not been addressed, please email us at [contact@alz.org.sg](mailto:contact@alz.org.sg).